REAL EYES COACHING

Lead With Clarity.
Lead With Courage.
Lead As Yourself.

Executive coaching and leadership development for professionals and organizations navigating complexity, growth, and change.

Dr. Elizabeth Vidon

Executive & Leadership Coach

ABOUT DR. ELIZABETH VIDON

Leadership Begins With Knowing Yourself

Dr. Elizabeth Vidon brings together a distinctive background in research, academia, human behavior, leadership development, and professional coaching.

Through RealEyes Coaching, she helps accomplished professionals look beyond surface-level solutions to better understand the perspectives, patterns, and behaviors shaping how they lead, communicate, and make decisions.

Her approach creates space for deeper self-awareness, greater clarity, and meaningful action—helping leaders align who they are with how they lead.

Credentials & Expertise

ICF-Certified Coach

Professional coaching grounded in internationally recognized coaching standards.

Certified Career Management Coach (CCMC)

Supporting professionals through career growth, transition, and purposeful change.

Certified Emergenetics® Associate

Using thinking and behavioral preferences to strengthen communication, collaboration, and self-awareness.

Academic & Research Background

Bringing a research-informed understanding of human behavior, identity, authenticity, and transformation into leadership development.

Research-Informed. Human-Centered. Results-Focused.

WHAT WE DO

Coaching That Creates Meaningful Change

RealEyes Coaching works with individuals, leaders, and organizations navigating moments of complexity, transition, growth, and change.

01

Executive Coaching

One-to-one coaching for executives and professionals navigating leadership challenges, career transitions, complex decisions, increasing responsibility, and professional growth.

02

Leadership & Team Coaching

Helping leaders and teams strengthen communication, collaboration, self-awareness, trust, and their ability to work more effectively together.

03

Coaching for High-Achieving Women

Focused coaching for accomplished women navigating demanding professional environments, leadership expectations, career decisions, confidence, identity, and sustainable success.

04

Emergenetics®

Helping individuals and teams understand their thinking and behavioral preferences to communicate more effectively, appreciate differences, and build stronger working relationships.

ALSO AVAILABLE

Workshops • Leadership Development • Keynotes & Speaking

THE REALEYES APPROACH

Who You Are Shapes How You Lead.

Real transformation goes beyond learning new leadership techniques. It begins with understanding the beliefs, perspectives, patterns, and behaviors influencing how you show up.

The Alignment Method™

A research-informed, human-centered approach designed to help leaders create greater alignment between **who they are and how they lead.**

01

Awareness

Recognize the patterns, assumptions, perspectives, and behaviors influencing your leadership.

02

Clarity

Step beyond external noise and expectations to identify what genuinely matters.

03

Alignment

Bring your values, decisions, behaviors, and leadership into greater alignment with who you are.

04

Intentional Action

Translate insight into meaningful choices, stronger communication, and sustainable change.

Awareness → Clarity → Alignment → Intentional Action

An approach informed by **ontological coaching, neuroscience, human behavior, research, leadership development, and Emergenetics®.**

REAL EYES COACHING

See Clearly.
Lead Intentionally.

Meaningful growth often begins with a different way of seeing—yourself, your challenges, your relationships, and the possibilities ahead.

RealEyes Coaching creates the space, structure, and partnership for leaders and professionals to step beyond the noise, gain perspective, and move forward with greater clarity, courage, and intention.

Ready to Explore What's Next?

Dr. Elizabeth Vidon

RealEyes Coaching

Executive Coaching • Leadership & Team Development • Emergenetics® • Workshops • Speaking

Lead with clarity. Lead with courage. Lead as yourself.